



Lakewood Oral &
Maxillofacial Surgery Specialists

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**PRE-OPERATIVE INSTRUCTIONS FOR
INTRAVENOUS (IV) SEDATION PATIENTS ONLY**

1. Please refrain from eating and drinking for at least 8 hours prior to your appointment. **NO WATER, LIQUID OR FOOD OF ANY KIND.** Blood pressure and heart medications may be taken at their regular times with a small sip of water (1 ounce) unless specifically prohibited by your doctor.
2. If your sedation appointment is in the morning, please eat a light dinner and have nothing to eat or drink after midnight. If your sedation appointment is in the afternoon, please eat a light breakfast (toast and juice or coffee) 8 hours before your appointment and then nothing to eat or drink afterwards.
3. Please do your best to get plenty of sleep the night before your procedure and refrain from the use of alcoholic beverages.
4. A friend or relative must accompany you to your appointment, stay in the office for the duration of your appointment, drive you home and stay with you during the recovery period (24-hours).
5. All minors (under 18 years of age) **MUST** be accompanied by a parent or legal guardian.
6. Please wear loose fitting clothing, a short-sleeved shirt and flat shoes. Please do **NOT** wear jewelry, contact lenses or finger nail polish to your appointment.
7. If you have any questions with the preparation for your appointment, please call our office.



Scan the QR Code for online instructions.